

Purpose Statement

SEG Awards Level 5 Diploma in Psychology – 610/4246/8

Overview

The SEG Awards Level 5 Diploma in Psychology aims to guide learners towards higher level Psychology study or careers related to the topics within the Diploma. The qualification explores the scientific study of mind and behaviour, to gain an understanding of how individuals think, feel, and behave in various situations.

Who is this qualification for?

The SEG Awards Level 5 Diploma in Psychology is designed for learners, **18 years of age and over**, who have an ambition to gain a foundation of knowledge and understanding of relevant theories, principles and methodologies associated with the study of Psychology.

Prospective learners are required to have the following qualifications prior to registering on the SEG Awards Level 5 Diploma in Psychology:

- > GCE A Level or equivalent, or an appropriate school leavers certificate deemed by Skills and Education Group Awards to be of a similar level.

Skills and Education Group Awards expects approved centres to recruit with integrity on the basis of a learner's ability to contribute to, and successfully complete all the requirements of a unit(s) or the full qualification.

What does the qualification cover?

The SEG Awards Level 5 Diploma in Psychology covers:

- > An introduction to Health Psychology as an applied topic within Psychology which looks at the historical role of Health Psychology in the broader field of Psychology, models of health, the role of the body's systems on health, as well as the impact of stress on the body and mind. There will be focus on the environment, nutrition and media as having impacts on our overall health and wellbeing

- > An overview of Cross-Cultural Psychology which highlights the advantages of cross-cultural research, the universal and variable aspects of human behaviour as well as the influences on and studies in perception. Learners will consider cultural learning and child rearing as well as the impact of moral development
- > Individual differences will consider theories, models and tools that explain intelligence, personality, human motivation in the study of humans as emotional beings. Learners will make use of diagnostic tools to measure human behaviour
- > As well as studying aspects of Health Psychology, learners will explore the history of mental health disorders, how they are assessed as well as the controversy around mental health disorders and the cultural differences within diagnosing the range of mental health disorders
- > As a response to mental health disorders, learners will be able to explore the emergence of psychological therapies to treat mental health disorders, the role of professionals within the field of psychological therapy and the ethical issues involved in the field of psychological therapy. Learners will also consider the role of pharmaceuticals within the treatment of psychological distress or illness
- > Having already explored research methods, learners will apply this knowledge and understanding to a psychological research project. Learners will design a research study, apply ethical considerations, collect, analyse, and present data and present a research report on a chosen topic

The key areas covered include:

- > Health Psychology Biological Psychology
- > Cross-Cultural Psychology
- > Individual Differences
- > Mental Health Disorders
- > Psychological Therapy
- > Psychological Research Project

Assessment

This qualification is internally assessed and requires internal and external moderation. Specific requirements and restrictions may apply to individual units within qualifications. Please check unit and qualification details for specific information.

Centres **must** take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.

What could this qualification lead to?

Learners who successfully achieve the SEG Awards Level 5 Diploma in Psychology can progress onto higher programmes of study, and related qualifications, in Psychology.

Centres should be aware that Reasonable Adjustments, which may be permitted for assessment, may in some instances limit a learner's progression into the sector. Centres **must**, therefore, inform learners of any limits their learning difficulty may impose on future progression.

Further Information

Further information on the qualification can be found on the [Skills and Education Group Awards website](#).